

# LOCAL HAWAII REAL ESTATE

HONESTY · INTEGRITY · COMMITMENT

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LocalHawaiiRealEstate.com

*Aloha!*

I'm Catherine, Realtor® Salesperson at Local Hawai'i Real Estate, your resource center for all things real estate on Hawai'i Island. My real estate career began in 2004 on Maui, and I moved to the Big Island soon after. The Ohia trees, rain forests, and uniquely beautiful landscapes captured my heart – as well as the great prices!

Here on the island you can grow almost anything, live in almost any climate, and enjoy sunshine almost every day. I live at a cooler elevation on two acres near Mountain View with my two dogs, two cats, and seven sheep. I enjoy tending my fruit trees and citrus garden and am currently working on creating a Monarch butterfly way station.

I have a BA in Communication and Legal Studies: ADR from University of Hawai'i at Hilo and an MA in negotiation, conflict resolution, and peacebuilding from California State University Dominguez Hills. Currently a doctoral candidate working on my dissertation, More Listening = Less Conflict, my goal is to help others communicate better, especially by improving listening skills and reducing interpersonal conflict.

For 15 years I have facilitated group meetings and volunteered at our local mediation center mediating cases referred by the District and Family Courts. I am also a trainer for mediation, facilitation, and communication skills and gain great satisfaction from helping folks resolve their conflicts.

My promise is to listen to your needs, to focus on your best interests, and to make our time together as effective, efficient, and fun as possible.

I hope to hear from you soon,

*Cat*

**CATHERINE LAMPTON**

REALTOR® SALESPERSON

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